

COTHAM SCHOOL CATERING

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	LEEK & POTATO SOUP	CREAM OF TOMATO SOUP	MUSHROOM SOUP	CHUNKY VEGETABLE SOUP	TOMATO & BASIL SOUP
MAIN COURSE	BEEF MADRAS WITH SAFFRON RICE	SHEPHERDS PIE WITH CREAMY MASH	ROAST CHICKEN AND HERB STUFFING	JAMACIAN JERK PORK WITH COCONUT RICE	OVEN BAKED FISH IN BATTER
VEGETARIAN	VEGETABLE STROGANOFF AND SAFFRON RICE	QUORN VEGETARIAN PIE WITH CREAMY MASH	VEGETARIAN POTATO BUBBLE & SQUEAK	JERK ROASTED VEGETABLES WITH COCONUT RICE	VEGETABLE SAUSAGE ROLL
FRESH VEGETABLES POTATOES	FRESH VEGETABLES POTATOES	FRESH VEGETABLES	FRESH VEGETABLES ROAST POTATOES	RICE SALAD	FRENCH FRIES BAKED BEANS SALAD GARDEN PEAS
PASTA DISH	PENNE WITH A GARLIC TOMATO HERB SAUCE	TRICOLORE IN A CREAMY GARLIC TOMATO SAUCE	PENNE PASTA WITH SPINACH & MUSHROOMS	PASTA TWISTS WITH AN OLIVE, BASIL AND TOMATO SAUCE	PASTA
HOT DESSERT	LEMON DRIZZLE SPONGE AND CUSTARD	BLUEBERRY MUFFIN AND CUSTARD	COCONUT FLAPJACK AND CUSTARD	TREACLE SPONGE PUDDING AND CUSTARD	DARK CHOCOLATE COOKIES

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	FRENCH ONION SOUP	TOMATO AND BASIL SOUP	MINESTRONE SOUP	SWEET PEPPER SOUP	MUSHROOM SOUP
MAIN COURSE	CHICKEN TIKKA WITH STEAMED RICE	SPICED LAMB COUSCOUS	ROAST PORK WITH APPLE SAUCE & GRAVY	CUMBERLAND SAUSAGE WITH A HERB GRAVY	CORNISH PASTY BEEF & VEGETABLE
VEGETARIAN	CAULIFLOWER CURRY & STEAMED RICE	CHARGRILLED VEGETABLE COUSCOUS	RATATOUILLE PIE PEPPERS, COURGETTE, ONION, MUSHROOM, AUBERGINE	CAULIFLOWER & BROCCOLI CHEESE BAKE	VEGETABLE PASTY
FRESH VEGETABLES POTATOES	STEAMED RICE	COUSCOUS	FRESH VEGETABLES ROAST POTATOES	GARDEN PEAS CREAMY MASHED POTATOES	FRENCH FRIES BAKED BEANS BUTTERED PEAS MIXED SALAD
PASTA DISH	PENNE PASTA WITH TOMATO AND SAUTE MUSHROOM SAUCE	MUSHROOM & ROCKET PASTA SHELLS	PASTA WITH A SPINACH AND ROASTED RED ONIONS	PENNE WITH A VEGETARIAN BOLOGNESE SAUCE	PASTA
HOT DESSERT	APPLE CRUMBLE SHORTBREAD TOP AND CUSTARD	JAM ROLLY POLLY AND CUSTARD	DARK CHOCOLATE STEAMED PUDDING WITH CHOCOLATE SAUCE	PINEAPPLE AND SYRUP UPSIDE DOWN CAKE	WHITE CHOCOLATE COOKIES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	CARROT & CORRIANDER SOUP SOUP	GARLIC MUSHROOM SOUP	LEEK & POTATO SOUP	ROOT VEGETABLE SOUP	CREAM OF TOMATO SOUP
MAIN COURSE	THAI LEMON CHICKEN WITH PILAU RICE	BEEF LASAGNE	ROAST LAMB WITH MINT SAUCE AND GRAVY	STEAK & KIDNEY PIE WITH A PUFF PASTRY LID	PORK SAUSAGES
VEGETARIAN	THAI SPINACH AND SWEET POTATO CURRY WITH PILAU RICE	BUTTERNUT SQUASH LASAGNE	GOATS CHEESE AND LEEK PIE	VEGETARIAN MOUSSAKA	VEGETABLE OMELETTE
FRESH VEGETABLES POTATOES	PILAU RICE	MIXED SALAD SAUTE POTATOES	FRESH VEGETABLES POTATOES	FRESH VEGETABLES NEW POTATOES CARROTS	FRENCH FRIES BAKED BEANS BUTTERED PEAS SALAD
PASTA DISH	TAGLIATELLE WITH ROASTED SWEET PEPPERS	CHILLI PENNE PASTA	TOMATO GARLIC AND HERB PASTA SHELLS	CHARGRILLED VEGETABLE PASTA TWISTS	PENNE PASTA WITH OLIVES AND PESTO
HOT DESSERT	CHERRY SLICE AND CUSTARD	APPLE STRUDEL AND CUSTARD	WHITE CHOCOLATE SPONGE WHITE CHOCOLATE SAUCE	FOREST FRUIT CRUMBLE AND CUSTARD	DOUBLE CHOCOLATE COOKIE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	TOMATO & VEGETABLE SOUP	LENTIL & TOMATO SOUP	SPINACH & POTATO SOUP	SPICY BEAN SOUP SOUP	TOMATO & BASIL SOUP
MAIN COURSE	BEEF BALTI WITH HERB RICE	SPICY SOUTHERN FRIED CHICKEN WITH A SWEETCORN RELISH	ROAST TURKEY AND CRANBERRY STUFFING & GRAVY	HOME MADE BEEF BURGERS IN A BUN	OVEN BAKED FISH IN BATTER
VEGETARIAN	HOT BEAN SALSA WITH HERB RICE	SPICY BEAN TACO'S	POTATO, COURGETTE AND TOMATO FONDANTS	VEGETABLE BURGER IN A BUN	VEGETABLE SAUSAGE ROLL
FRESH VEGETABLES POTATOES	HERB RICE	ROCKET, CARROT & WHITE CABBAGE SALAD	FRESH VEGETABLES ROAST POTATOES	FRESH MIXED SALAD & COLESLAW	FRENCH FRIES MIXED SALAD MUSHY PEAS BAKED BEANS
PASTA DISH	VEGETABLE PENNE PASTA	PESTO & BLACK OLIVE PASTA SHELLS	COURGETTE & SWEET PEPPER SPAGHETTI (STRIPS OF VEG)	RATATOUILLE PASTA	PASTA
HOT DESSERT	CHOCOLATE BROWNIE WITH A CHOCOLATE SAUCE	BLUEBERRY MUFFIN AND CUSTARD	SHORTBREAD SLICE AND CUSTARD	JAM SPONGE AND CUSTARD	DARK CHOCOLATE COOKIE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	CREAM OF TOMATO SOUP	BUTTERNUT SQUASH SOUP	SPICY LENTIL SOUP	CHUNKY VEGETABLE SOUP	MUSHROOM SOUP
MAIN COURSE	CHILLI CON CARNE WITH SAFFRON RICE	STIRFRIED PORK STRIPS	HONEY ROASTED HAM WITH A PARSLEY SAUCE	TOAD IN THE HOLE WITH A HERB GRAVY	BEEF & VEGETABLE PASTY
VEGETARIAN	QUORN AND BEAN CHILLI WITH SAFFRON RICE	VEGETABLE STIRFRY WITH CHESTNUT MUSHROOMS	CHESTNUT MUSHROOM RISOTTO	MUSHROOM TOAD IN THE HOLE	VEGETABLE PASTY
FRESH VEGETABLES POTATOES	SAFFRON RICE	NOODLES STIR FRIED VEGETABLES	FRESH VEGETABLES ROAST POTATOES	FRESH VEGETABLES MASH POTATOES	FRENCH FRIES BAKED BEANS GARDEN PEAS MIXED SALAD
PASTA DISH	SAUTE VEGETABLE PENNE PASTA	SWEET PEPPER & ROCKET TWISTS	ROAST TOMATO PASTA	CREAMY MUSHROOM PENNE PASTA	PASTA
HOT DESSERT	BAKED APPLE SPONGE AND CUSTARD	FUDGE CAKE AND CUSTARD	MARMALADE SPONGE AND CUSTARD	FLAPJACK CAKE AND CUSTARD	WHITE CHOCOLATE COOKIE

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	VEGETABLE CHILLI SOUP	THAI CURRIED VEGETABLE SOUP	CHUNKY LEEK & HERB SOUP	TOMATO AND BASIL SOUP	CREAMY TOMATO SOUP
MAIN COURSE	COCONUT LAMB CURRY WITH SAVOURY RICE	SPAGHETTI BOLOGNAISE	ROAST BEEF WITH YORKSHIRE PUDDING & GRAVY	COTTAGE PIE WITH A HERB MASH TOPPING	PORK SAUSAGES
VEGETARIAN	COCONUT VEGETABLE CURRY WITH SAVOURY RICE	VEGETABLE BOLOGNAISE	CARROT & CASHEW NUT LOAF	ROOT VEGETABLE PIE WITH HERB MASH	VEGETABLE OMELETTE
FRESH VEGETABLES POTATOES	SAVOURY RICE	SPAGHETTI	FRESH VEGETABLES ROAST POTATOES	FRESH VEGETABLES	FRENCH FRIES BAKED BEANS GARDEN PEAS MIXED SALAD
PASTA DISH	LEEK AND RED ONION PENNE PASTA	TOMATO PASTA SHELLS	PASTA WITH A CARLIC SAUCE	PROVENCALE ROAST ONION PASTA	PASTA
HOT DESSERT	STEAMED FRUIT CAKE AND CUSTARD	RHUBARB CRUMBLE AND CUSTARD	WHITE CHOCOLATE MUFFINS AND CUSTARD	BREAD PUDDING AND CUSTARD	DOUBLE CHOCOLATE COOKIE