## Suggested Itinerary

| Monday 19 June -                | 3.20pm - Meet at the Kit room for team kit issue  |
|---------------------------------|---|
| Wednesday 21 <sup>st</sup> June | <b>3.20pm -</b> Full kit check. (Leave bags in school)  |
| Thursday 22nd June -            | 7.30am - Teams meet at school.  |
|                                 | 7.45am - depart for Pencelli  |
|                                 | 9.30 am – Teams meet their expedition assessor,<br>individual team briefings.   |
|                                 | <b>10.30</b> - Teams start their expedition assessment. Teams will be remotely supervised by their assessor.  |
|                                 | <b>Approximately 19.30</b> - Teams arrive at camp, set camp and cook hot evening meal.  |
|                                 | <ul> <li>21.00 – team debrief</li> <li>21.30 – all teams in their tents</li> <li>22.00 – all teams in bed, lights out</li> </ul>  |
| Friday 23 <sup>rd</sup> July    | <ul> <li>06.30 – wake up</li> <li>07.00 – team cooks start to prepare a hot breakfast.</li> <li>Individuals start to pack their rucksacks</li> <li>07.30 - Team pack down tents</li> <li>08.30 – all teams at the starting point ready to start walking.</li> </ul> |
|                                 | <b>Approximately 17.30</b> - Teams arrive at camp, set camp and cook hot evening meal.  |
|                                 | <ul> <li>21.00 – team debrief</li> <li>21.30 – all teams in their tents</li> <li>22.00 – all teams in bed, lights out</li> </ul>  |
| Saturday 24 <sup>rd</sup> July  | <ul> <li>06.30 – wake up</li> <li>07.00 – team cooks start to prepare a hot breakfast.</li> <li>Individuals start to pack their rucksacks</li> <li>07.30 - Team pack down tents</li> <li>08.30 – all teams at the starting point ready to start walking.</li> </ul> |
|                                 | <b>Approximately 17.30</b> - Teams arrive at camp, set camp and cook hot evening meal.  |

21.00 - team debrief

**21.30** – all teams in their tents

22.00 – all teams in bed, lights out

Sunday 25<sup>rd</sup> July06.30 – wake up<br/>07.00 – team cooks start to prepare a hot breakfast.<br/>Individuals start to pack their rucksacks<br/>07.30 - Team pack down tents<br/>08.45 – all teams at the starting point ready to start<br/>walking.

Approximately 17.30 - Arrive at finish

17.30 - team debrief

18.00 – depart for school

**19.45** – arrive at school