



Team Cotham  
Cotham School

07 March 2019

**RE: Donation to the Rainbow Centre for Children**

Dear Team Cotham

Thank you so much for your fundraising efforts and hard work at the Swimathon 2019. You swam an AMAZING 462 length and raised £280 plus gift aid which is so great. Please pass on our sincere thanks to all involved. It will make a real difference to our capacity to support the children and families who come to us in a time of crisis affected by bereavement. You should all be super proud of your achievements and the impact you are making to our charity.

We have had a great start to 2019 here at The Rainbow Centre with the completion of one of our facilitated family workshops and one of our newly added youth workshops. Bringing together all our families to offer them guidance on their grief journey via a range of creative activities and share experiences with others who are going through similar grief.

As well as group work we have continued to offer our one to one Creative Therapies and Counselling, supporting children and their families, helping them to explore and express some very difficult feelings and emotions for which they may not have the vocabulary or understanding.

The Rainbow Centre is the only organisation in the area that has in house-provision of free therapeutic support for bereaved children and has become a lifeline for children and families in crisis. There is a huge demand for the Centre's services with over 150 families currently being supported.



**The Rainbow Centre for Children** 27 Lilymead Avenue, Bristol, BS4 2BY

■ **Enquiries** 0117 985 3343 ■ **Email** [contact@rainbowcentre.org.uk](mailto:contact@rainbowcentre.org.uk)

■ **Website** [www.rainbowcentre.org.uk](http://www.rainbowcentre.org.uk) ■ **Twitter** @rainbowcentre



We continue to develop our vision and services to meet this important need and your generous donation is an important factor in making this possible.

Thanks again, we sincerely appreciate your support.

Best Wishes

*C. Harding*

Chelsea Harding  
Fundraising Manager



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