

Lunch Week 1

Spring 2025

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Crispy Chicken Burger with Seasoned Wedges, Slaw,	Beef Chilli with Rice, Green Salad, Nachos	Roast Chicken with Roast Potatoes, Carrots, Peas	Chicken Tikka Masala with Pilaf Rice & Onion Salad	Battered Fish with Chips, and Baked Beans
Plant Based / Vegetarian Main Meal	Veggie Burger with Seasoned Wedges, Slaw	Vegetable Chilli with Rice, Green Salad, Nachos	Vegan Sausage Roll with Roast Potatoes, Carrots, Peas	Sweet Potato & Chickpea Curry with Pilaf Rice & Onion Salad	Sweet Potato Falafel Gyros with Chips Baked Beans
Street Food	Vegetable Stir –Fry Noodles	Chicken Burrito	Sweet & Sour Vegetables With Rice	Chicken Ceaser Salad	Chicken Gyros
Takeaway Tubs	Penne Arrabiata	Spicy Vegetable Chow Mein	Dirty Fries	Meatballs with Penne Pasta	Nachos loaded with Sour Cream and Salsa
Pizza Slice Paninis	Margherita Tuna Melt Panini	BBQ Chicken or Cheese & Tomato	Vegetable Feast or BBQ Sausage	Margherita or Tuna & Red Onion	Chicken Tikka or Cheese & Onion
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.



Lunch Week 2

Spring 2025

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	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Sausage & Mash Served with Onion Gravy	Katsu Chicken Curry with Coconut Rice, Asian Slaw	Roast Chicken with Roast Potatoes, Carrots, Broccoli	Cottage Pie with Peas & sweetcorn	Battered Fish with Chips, & Baked Beans
Plant Based / Vegetarian Main Meal	Vegetable Sausage with Mash & Onion Gravy	Spinach & Lentil Curry with Coconut Rice, Asian Slaw	Vegan Sausage Roll with Roast Potatoes, Carrots, Broccoli	Vegetable Cottage Pie With Peas & sweetcorn	Vegetable Enchiladas with Chips & salad
Street Food	Piri Piri Chicken Wrap	Beef Burrito	Folded Tikka Naan	Falafel Wrap	Chicken Burrito
Takeaway Tubs	Macaroni Cheese	Tomato & Mascarpone	Chicken Chow Mein	Chicken Tikka Biryani	Loaded Fries
Pizza Slice Paninis	Margherita Cheese & Onion	Roasted Vegetable Tuna Melt	BBQ Chicken Meatball	Chicken & Sweetcorn Cheese & Tomato	Margherita BBQ Sausage
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit



Meal Deal

Main Meal
with vegetables
and dessert



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sandwiches & desserts
are freshly made on
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Lunch Week 3

Spring 2025

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Piri Piri Chicken Wrap With Rice & Salad	Beef Lasagne with Garlic Bread, Slaw	Roast Turkey with Roast Potatoes, Carrots, Green Beans	Red Thai Chicken Curry with Rice & onion Salad	Battered Fish with Chips, Baked Beans
Plant Based / Vegetarian Main Meal	Roasted Vegetable Wrap With Rice & salad	Vegetable Lasagne with Garlic Bread, Slaw	Vegan Rolls with Roast Potatoes, Carrots, Green Beans	Vegetable Red Thai Curry with Rice & onion salad	Spicy Roasted Gyros with Mixed salad
Street Food	Chicken Ceaser Salad	BBQ Chicken Wrap	Folded Chicken Tikka Naan	Chicken Chow -Mein	Chicken Biryani
Takeaway Tubs	Penne Arrabiata	Vegetable Biryani	Macaroni Cheese	Falafel & Salad Wrap	Sweet & Sour Vegetables With Rice
Pizza Slice / Paninis	Vegetable Tuna Melt	Margherita Cheese Onion & Tomato	Mixed Pepper Chicken & Sweetcorn	BBQ Chicken Tuna & Red Onion	Margherita BBQ Chicken
Jacket Potato	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings	Available daily with a range of delicious fillings
Desserts	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit	Traybakes, Dessert Pots, Cookies and Fresh Fruit



Meal Deal

Main Meal with vegetables and dessert



All of our main meals, sandwiches & desserts are freshly made on site every day.

