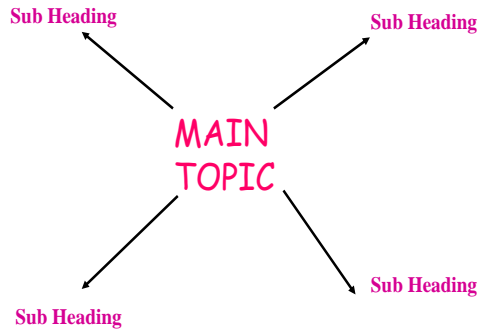
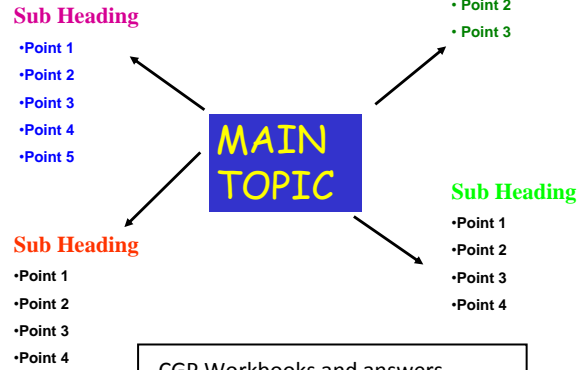


## Brain Frame - Step 1



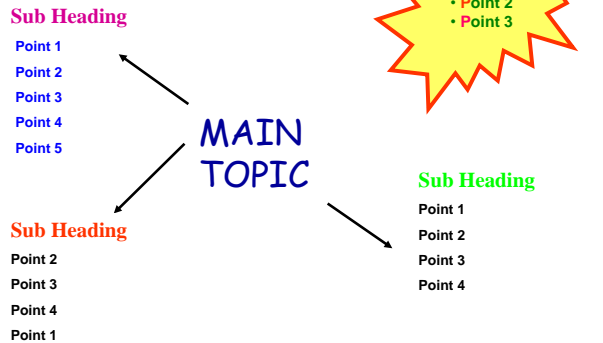
## Brain Frame - Step 2

Add points to sub headings



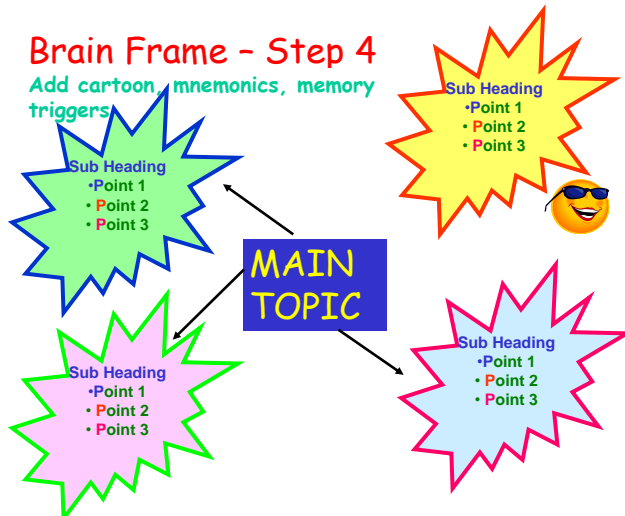
## Brain Frame - Step 3

Add borders, colour, bullets



## Brain Frame - Step 4

Add cartoon, mnemonics, memory triggers



# Cotham School

## Helping your Child Revise

Understanding Learning and Memory

Planning your Revision

Making a Brain Frame

Using Technology and other Resources to make Revision more exciting.

CGP Workbooks and answers  
www.cgpbok.co.uk

mindmeister –  
<http://www.mindmeister.com/>

free mind mapping  
<http://freemind.sourceforge.net>

### Website for revision

www.s-cool.co.uk  
www.examtutor.com/  
GCSEpod  
The Student Room

### Apps

Notes  
Notability  
Notes Plus  
Audionote  
Notify

Flashcards  
Flashcards de lux and Quizlet  
Mental class  
Iflash

### Revision

CPG quiz  
GCSEpod

## VISUAL LEARNING SKILLS

- Resources with pictures/diagrams
- Posters
- Patterned notes – Brain Frames
- Cartoon triggers
- Link to similar facts
- Visualise
- Use Colour

## PRACTICAL LEARNING SKILLS

- Computer revision software
- Games – questions and answers
- Jigsaw notes – cut and paste
- Move around while learning/controlled fidgeting
- Role play – act out a situation
- Draw, brainstorm, doodle, write
- Note Cards
- Constructive copying
- Work books

## AUDITORY LEARNING SKILLS

- Discuss with other people
- Chant to yourself – raps
- Record facts on tape – explain clearly
- Role play and acting
- CD Rom, video, audio tape
- Say out aloud – listen to your voice
- Rote memory – reciting (like maths tables)
- Teach ‘n test
- Mnemonics and acronyms

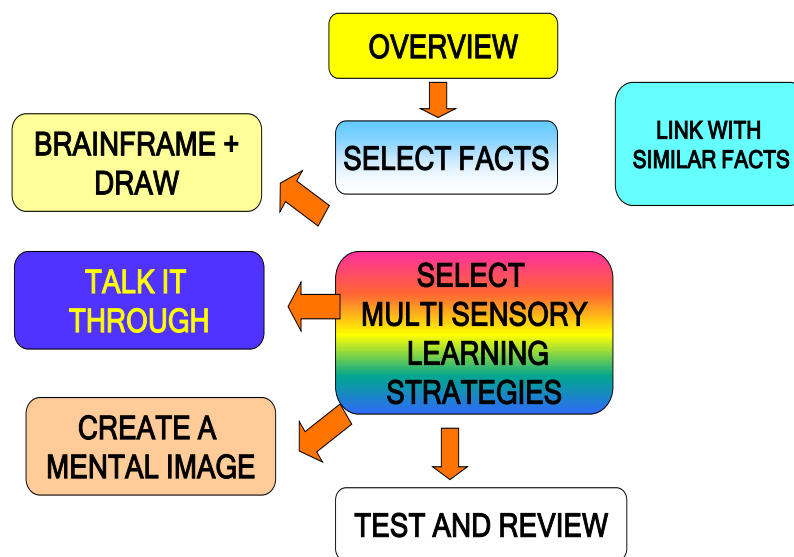
## LONG TERM MEMORY

**Episodic** – memory for specific events

**Autobiographical** – information about our lives especially emotional events

**Semantic** - stored knowledge

**Procedural** – actions or skills learnt through practice



### Planning Revision

Take a topic list for each subject

Draw a Mind Map of the topics

Allocate to an Outlook calendar starting with the last date. (5 topics a day x 40 minutes each, engage in an online quiz)

Decide how you are going to revise. (make a brain frame, make cue cards, fill in some pages of a workbook, put the information onto tape)

Record Outcomes PRAISE and REWARDS

Review new learning the next day, review learning every 4 days.

Further information and revision courses, please call iMinds 01243 572132