

LUNCH WEEK 1



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Cottage Pie
Topped with Sweet
potato & Carrot
mash

Marinated Chicken
Pieces, Wings &
Sides

Roast Pork Turkey
Apricot & Parsley
Stuffing, Gravy.

Delhi Tikka Chicken
Masala, Rice and
Sides

Battered Fish,
Chips, Peas, Lemon
& Tartare Sauce

MAIN MEAL #TWO

Quorn & Lentil
Cottage Pie



Spicy Bean Burger,
Sweet Chilli &
Lettuce

Mac n Cheese
With Veggie
Toppers



Mughlai Vegetable
Korma, Rice & Sides



Chilli Quorn Dog,
Fairground Onions
& Sauce

HANDHELD

Brazilian Chicken
Wrap

Authentic Italian
Pizza Slice

Fish Finger Ciabatta
& crisp lettuce



Authentic Italian
Pizza Slice

Shredded Chicken
Fillet wholemeal
Baguette



BOWLED OVER

Pasta Kitchen



Noodle Street



Egg & Soy
seasoned Rice Bowl

Pasta Kitchen



Pasta Kitchen



DESSERTS

Chocolate &
Mandarin Brownie

Peach Upside Down
cake

Baked Rice Pudding
With Apple
Compote

Lemon Drizzle

Jam & Coconut
Sponge

caterlink
feeding the imagination

SOUPS

Come and try our
range of soups
available. Varying
daily and providing
healthy options to
you all!

ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHERS. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Sweet potatoes and
Jacket potatoes
with various fillings
on offer including;
cheddar cheese, baked
beans and tuna with
mayonnaise

Bowled Over

Pasta / rice / noodles served
daily with different toppings!

**meal
Deals**

VEGAN OPTIONS
AVAILABLE
DAILY!

THE
UPROOTED
KITCHEN

LUNCH WEEK 2



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Baked Chicken
Meatballs in a Spicy
Tomato & Basil
Sauce Served With
Rice



Beef Chilli Nachos,
Salsa, Guacamole
& Paprika Rice

Roasted Turkey
Cranberry Sauce,
Seasonal
Vegetables,
Stuffing & Gravy



Flavoured Chicken
Strips served in
Flatbread with
Authentic Salads



Battered Finger,
Chips, Peas,
Lemon & Tartare
Sauce

MAIN MEAL #TWO

Quorn Dog With
Fairground Onions
& Seasoned Baked
Wedges

Chunky Vegetable
Chilli Nachos,
Salsa, Guacamole
& Paprika Rice

Mac n' Cheese with
Garlic Mushrooms
And Tossed Salad

Falafels & Hummus
served in a
Flatbread with
Authentic salads

Old School Cheese
& Red Onion Plate
Pie
Served with
seasonal
Vegetables

HANDHELD

Authentic Italian
Pizza Slice



Tikka Chicken
Flatbread With
Slaw & Sauce



Authentic Italian
Pizza Slice



BBQ Beef Burrito



Authentic Italian
Pizza Slice



BOWLED OVER

Pasta Kitchen

Pasta Kitchen

Sweet & Sour
Noodles

Pasta Kitchen

Spicy Chicken Rice
Bowl

DESSERTS

Chocolate & Apple
Cake

Toffee Apple &
Pear Granola
Crumble

Summer Fruit Trifle

Carrot & Courgette
Sponge

Chocolate Chip
Shortbread

caterlink
feeding the imagination

SOUPS

Come and try our
range of soups
available. Varying
daily and providing
healthy options for
you all!

ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHERS. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Sweet potatoes and
Jacket potatoes
with various fillings
on offer including;
cheddar cheese, baked
beans and tuna with
mayonnaise

Pasta / rice / noodles served
daily with different toppings!

**meal
Deals**

**VEGAN OPTIONS
AVAILABLE
DAILY!**

**THE
ROOTED
KITCHEN**

LUNCH WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL #ONE

Bangers & Mash
with Garden Peas &
Red Onion Gravy

Italian Beef
Lasagne Served
With House Salad
& Garlic Bread

Roasted Honey
Chicken Roast &
Gravy

Chicken Tikka
Masala, Rice &
Sides

Battered Fish,
Chips, Peas,
Lemon & Tartare
Sauce

MAIN MEAL #TWO

Quorn Sausage
Served With Buttery
Mash, Peas & Red
Onion Gravy

Vegetarian Lasagne
Served With House
Salad & Garlic
Bread

Mac n' Cheese
With Veggie
Toppers

Mughlai Vegetable
Korma, Rice &
Sides

Vegan Spinach &
Kale Burger, Vegan
Mayo & Salad

HANDHELD

Authentic Italian
Pizza Slice

Sweet Chilli
Chicken Wrap

Authentic Italian
Pizza Slice

Tomato & Cheese
Panini

Authentic Italian
Pizza Slice

BOWLED OVER

Pasta Kitchen

Vegetable Chorizo
Mein Noodles

Pasta Kitchen

Black Bean
Noodles

Pasta Kitchen

DESSERTS

Warm Red Cherry
Pancake

Multi Seed Flapjack

Wholemeal Apple
& Cinnamon
Crumble

Sticky Toffee
Pudding

Chocolate Orange
Sponge

caterlink
feeding the imagination

SOUPS

Come and try our
range of soups
available. Varying
daily and providing
healthy option to
you all!

ALLERGIES

PLEASE SPEAK TO OUR STAFF
MEMBERS IF YOU HAVE ANY
ALLERGIES AND NEED TO KNOW
WHAT IS WITHIN EACH OF OUR
DISHS. THEY WILL ADVISE YOU ON
YOUR AVAILABLE FOOD CHOICES.

JACKET STATION

Sweet potatoes and
Jacket potatoes
with various fillings
on offer including;
cheddar cheese, baked
beans and tuna with
mayonnaise

Bowled Over

Pasta / rice / noodles served
daily with different toppings!

**meal
Deals**

VEGAN OPTIONS
AVAILABLE
DAILY!

THE
ROOTED
KITCHEN