

Progress in PSHEE

	Business/enterprise/money management/world of work. Careers and IAG	Health and Wellbeing	Sexual development, relationships, consent and respect	Dangers of Substance Abuse	Promoting British Values of tolerance, individual liberty, mutual respect, democracy and the rule of law.
7	<p>Understanding potential health and safety hazards in the workplace.</p> <p>Fire safety and how to respond to risk.</p> <p>Understanding hazard signs.</p> <p>Lessons on self esteem and the link between achievement, positive attitude and self concept. How can a positive attitude and good self concept affect school/career.</p>	<p>Understanding hazards on the way to school and at home.</p> <p>Keeping your stuff safe (mobiles, ipods).</p> <p>Staying safe on the internet, protecting personal information.</p> <p>Understanding the hierarchy of risk with reference to drug taking. Assessing risky situations.</p> <p>The potential for drugs to affect mental health and links to depression/psychosis etc.</p> <p>Understanding mental health; vocabulary to describe different feelings; how to stay physically and mentally healthy</p>	<p>Self esteem and positive thinking. How can a positive attitude affect school work and relationships with others?</p> <p>What do students do that gives them a good sense of self esteem?</p> <p>Dealing with arguments with parents. Assertiveness versus aggression.</p> <p>Looking at issues faced by teenagers from a parent's point of view.</p> <p>Describing the roles, responsibilities and qualities of good parents.</p>	<p>Smoking and its affect on the body including second and third hand smoke.</p> <p>Alcohol – what is alcohol and what affect does it have on the body?</p> <p>Why is alcohol a legal drug and what are some social effects of alcohol consumption in Britain?</p> <p>Solvents – dangers and potential affects.</p> <p>Illegal drugs – research the effects dangers and other facts about a chosen illegal drug.</p> <p>Focus: Cannabis. Attitudes towards Cannabis street names etc; potential physical and mental affects; debate about whether it should be legal or not.</p>	<p>Consequences of cyber bullying – how is it different to ‘normal’ bullying.</p> <p>Case study of Thomas Thompson a boy who killed himself as a result of bullying. What reasons were behind the bullying; analysing the role of bystanders.</p> <p>Why was he the victim of homophobic bullying when he wasn't gay?</p> <p>What is the best way to deal with bullies?</p> <p>Promoting the qualities and skills required of good parenting according to Maslow's hierarchy of needs.</p> <p>Considering some of the laws around sexual consent; why is 16 the law in Britain?</p> <p>Understanding the difference between legal and illegal drugs. Promoting the idea of ‘healthy and responsible’ alcohol consumption.</p>

<p>8</p>	<p>Healthy relationships, self harm/injury; healthy body image; link to PIES and school/world of work.</p> <p>Understanding what it means to be happy: what factors contribute to a general feeling of 'wellness'?</p> <p>Understanding how techniques such as mindfulness can contribute to stress relief and a sense of personal happiness.</p> <p>Research a career to certain specifications(eg skills needed, pay, training etc). Produce a page for a careers manual aimed at children.</p>	<p>Healthy lifestyles unit:</p> <p>Importance of a balanced diet.</p> <p>Recognising potentially abusive behaviour within relationships.</p> <p>Challenging homophobia and homophobic bullying.</p> <p>Recognising the causes and symptoms of self harm, including eating disorders and cutting.</p> <p>Understanding how body image can affect self concept both positively and negatively; the role of airbrushing and celebrity magazines in perpetuating the myth of the perfect body.</p> <p>Understanding the concept of PIES (physical, intellectual, emotional and social aspects of wellbeing) and how it can be applied to combat stress, self harm and low self worth.</p> <p>Introducing students to the concept of</p>	<p>Respect in relationships:</p> <p>Safe sex and use of condoms to prevent pregnancy and STIs.</p> <p>Case Study: HIV in Africa – focus on women infected by husbands and children born with HIV.</p> <p>Challenging sexual stereotypes in relationships.</p> <p>Using respectful language in terms of sexual relationships</p> <p>Recognising potentially abusive behaviour within relationships.</p> <p>Challenging homophobia and homophobic bullying. Understanding how parental influence can affect relationships and contribute to a person being prejudiced (eg homophobia).</p>		<p>CASE STUDY: homophobia and homophobic bullying.</p> <p>Understanding stereotypical expectations of 'boy' behaviour and 'girl' behaviour'.</p> <p>Challenging stereotypes of what a gay person is.</p> <p>Which famous and successful people are gay?</p> <p>What challenges face young gay people?</p> <p>Understanding that straight people can also be the victim of homophobic bullying.</p> <p>Racism: Should The Colston Hall be renamed?; commemorating slavery in Bristol; who was involved in the slave trade? How different people are linked to racism; what factors lie behind racism? How can people challenge racist, xenophobic and disablist stereotypes?</p>
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		mindfulness as a way to better understand themselves and their emotional and intellectual wellbeing.			
9	<p>'Own your Future' module. Students study different aspects of careers in relation to Options and future career choices.</p> <p>Understanding that jobs are defined by different skill levels.</p> <p>Understanding that different personality types can be suited to different jobs.</p> <p>Identifying strengths and weaknesses linked to personality types and thinking how to address or consolidate them.</p> <p>Researching careers, specifically starting and average salary; training and qualifications needed; main skills and attitudes required.</p> <p>Understanding the nature of the labour market in Bristol. Students identify why Bristol is</p>	<p>Focus on the potential health risks of alcohol, smoking, illegal drugs and legal highs (on PIES).</p> <p>Healthy sexual relationships, including contraception.</p>	<p>Safe sex:</p> <p>Understanding STIs; how they are spread; where they can be treated.</p> <p>Understanding contraception including combined pill, IUD, implant and emergency contraception.</p> <p>Understanding the advantages or disadvantages of marriage.</p> <p>Understanding the concept of consent in adult relationships.</p> <p>Understanding concept of consent and ownership of own body. Linked to FGM.</p> <p>Sexual assault – acquaintance/date rape.</p>	<p>Understanding what the word 'drug' means.</p> <p>Why do people use drugs: positive and negative reasons.</p> <p>Understanding the terms: stimulant, depressant, hallucinogen and the potential affects on the user.</p> <p>Understanding the potential physical, emotional, social and mental affects of using drugs.</p> <p>Understanding drug classifications and the law surrounding drugs.</p> <p>Understanding about units of alcohol percentage volume.</p> <p>Health risks for men and women – increased risk and</p>	<p>Democracy and dictatorship: design your own dictatorship.</p> <p>Political parties and elections: students make their own political party, election campaign, manifesto and campaign materials.</p> <p>The importance of voting.</p> <p>Recognising what causes some people to hold extremist views and the common threads that link all forms of extremism, including left wing, right wing and religious aspects.</p> <p>Studying the reasons why some people are attracted to extreme groups and how people can be prevented from being radicalised (using resources produced by PREVENT).</p> <p>Studying the FGM campaign originated in Bristol.</p>

	<p>a good place to live and work.</p> <p>Understanding how gender can influence career decisions – stereotypes and overcoming them.</p> <p>Discussing moral questions linked to pay; how important is pay when thinking about a future career? What careers are traditionally highly paid/low paid?</p> <p>Studying public health campaigns (eg smoking) and designing their own campaign materials on a particular focus.</p> <p>Understanding how VAT is used to increase the price of goods that are harmful to health.</p> <p>The law for shopkeepers on selling tobacco, alcohol solvents etc.</p> <p>Roles of government and business in promoting sensible drinking and combatting smoking and drug use.</p>		<p>‘Only Yes means Yes’.</p> <p>Understanding the term ‘sexual grooming’ and how some people become the victims of sexual exploitation.</p> <p>Understanding issues surrounding pornography and how sexual images are used to sell products.</p> <p>Understanding how the sexual behaviour of women has been controlled over the centuries: link to FGM and consent.</p> <p>Recognising the roles and responsibilities of parenthood and how this links to the wellbeing of children. Maslow’s hierarchy of needs.</p> <p>Influence of parental behaviour on smoking etc (eg second and third hand smoke)</p>	<p>higher risk drinking.</p> <p>Drink driving: consequences, causes and ways to combat deaths and injuries from drink driving.</p> <p>Smoking: the effect of anti-smoking advertising campaigns.</p> <p>Chemicals found in cigarette smoke and the potential harm caused to the body.</p> <p>Understanding issues around second and third hand smoke.</p> <p>Understanding what legal highs are and their potential affects.</p>	

<p>10</p>	<p>Potential causes of stress in the workplace.</p> <p>Prejudice and discrimination in the workplace and its potential consequences.</p> <p>Gender discrimination and inequality in the workplace (eg equal pay, glass ceiling).</p> <p>Role of Trade Unions.</p> <p>Identifying strengths and weaknesses in CVs. Writing own CV.</p> <p>Understanding where to look for jobs.</p> <p>How to write letters of application for a job. Identifying strengths and weaknesses in application letters.</p> <p>Filling out application forms</p> <p>Understanding the role of referees in the job application process.</p> <p>Understanding the process that a job application goes through.</p> <p>Understanding the importance of interview technique.</p>	<p>Understanding the symptoms of stress and how to manage it.</p> <p>Understanding how PIES leads to a healthy worklife balance.</p> <p>Understanding how self concept can affect one's personal and professional life.</p> <p>Dealing with expected and unexpected life events.</p> <p>Know that there are organisations available who can help people with mental health or relationship problems (eg Relate, Mind)</p>	<p>Gender discrimination and inequality in the workplace (eg equal pay, glass ceiling)</p> <p>Different types relationships (formal and informal). Different types of marriage (religious, civil, civil partnership)</p> <p>Understanding the difference between adoption and fostering.</p>		<p>Prejudice and discrimination in the workplace and its potential consequences.</p> <p>Recognising different types of prejudice (eg sexism, diasblism, homophobia) and potential reasons for prejudice.</p> <p>Consequences of prejudice in the workplace and society</p> <p>Genocide – case study: Rwanda. How did low level prejudice build to genocide in 1994?</p> <p>Extremism and how it might be countered: what makes a person an extremist? Reference to right wing racist political groups and religious extremism.</p> <p>What is terrorism? When does legitimate protest cross the line and become terrorism?</p>
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11	<p>Understanding the benefits of earning your own money.</p> <p>Budgeting, including essential and non-essential spending, saving, debt avoidance.</p> <p>Advantages and disadvantages of credit and debit cards.</p> <p>How APR works; pay day lenders, hire purchase.</p> <p>Understanding bank statements, including direct debit, standing orders.</p> <p>Compulsory and non-compulsory deductions from pay. Where does income tax get spent; how much income tax do we pay? Why do we have to pay national insurance? Understanding PAYE and superannuation.</p> <p>Net pay and gross pay.</p> <p>Tax codes (tax free allowance) and income tax banding.</p> <p>Understanding types of employment contracts (eg fixed term, part-time).</p> <p>Understanding what is meant</p>	<p>Understanding the potential consequences of debt on a person's wellbeing.</p> <p>Understand that satisfaction can be gained from earning your own money.</p> <p>Understand how alcohol and smoking can affect a person's physical wellbeing and also their work.</p> <p>Understanding how to stay safe and healthy at work, including lifting, CPR, recognising hazards.</p>	<p>Understanding the potential pitfalls of social media in the job seeking process.</p> <p>E-etiquette.</p> <p>Understanding how to budget for the future, including budgeting for couple's wanting to start a family.</p>	<p>Understand how alcohol and smoking can affect a person's physical wellbeing and also their work.</p>	
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<p>by minimum wage.</p> <p>Understand the difference between a wage and a salary.</p> <p>Know the difference between a P45 and P60.</p> <p>Understand the qualities needed to run a successful enterprise activity.</p> <p>Know how to assess the success of an enterprise venture.</p>				
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