

Hi all,

We have a new Fairbridge course starting in October. Below are all the details and dates.

### Fairbridge

The programme revolves around providing personal development opportunities through an entry week of team building and a calendar of follow on workshops. The 'Access week' helps to motivate young people through a mix of team building, adventurous activities (such as rock climbing and canoeing) and a 2 night residential. The follow on calendar of workshops is the main meat of the programme and these cover everything from employability skills and qualifications through to life skills and confidence boosting activities. Fairbridge offers young people more flexibility and choice to lead their own personal development alongside their Fairbridge staff mentor, who they work with closely during additional one-to-one sessions. We can help young people move into employment, training, apprenticeships and more. We normally spend between 80 and 100 hours supporting each young person on Fairbridge. However, if more sessions are required then that can be provided.

### Who is eligible?

Fairbridge is available for all young people between 16 and 25 who are NEET (or in education under 12hrs per week.)

We can provide bespoke support for children in care and care leavers and also have a wealth of experience supporting young people with mental health issues. However, we also support young people who simply just need a confidence boost to help move them into a positive outcome – we are an inclusive programme!

### October course dates:

**Induction Date:** This is an hour long one-to-one session to go through the programme with a Fairbridge staff member in a bit more detail. It takes place at our centre on Victoria Street. We have slots available on the following dates throughout the day:

**The 8<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup>, 16<sup>th</sup>, 17<sup>th</sup> and 18<sup>th</sup>  
October**

**Group Taster Day: Wednesday 24<sup>th</sup> October  
11-1pm** at our centre. This is an opportunity for the group to break the ice and find out



more about their Fairbridge journey. Not compulsory but highly recommended.

**Access Week: Monday 29th October – Friday 2nd November.** An exciting week of adventurous activities with a 2 night stay in either Wales or the Forest of Dean. Plus an entry level qualification. Young people must complete this week in order to move onto the follow on workshops. I've attached May's calendar as an example.

To refer, please complete the attached referral form and either email back or fax to 0117 316 9374.

You can also complete an initial enquiry by following this link: <https://www.princes-trust.org.uk/help-for-young-people/referring-young-people/refer-now>

Thanks,

Sarah

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